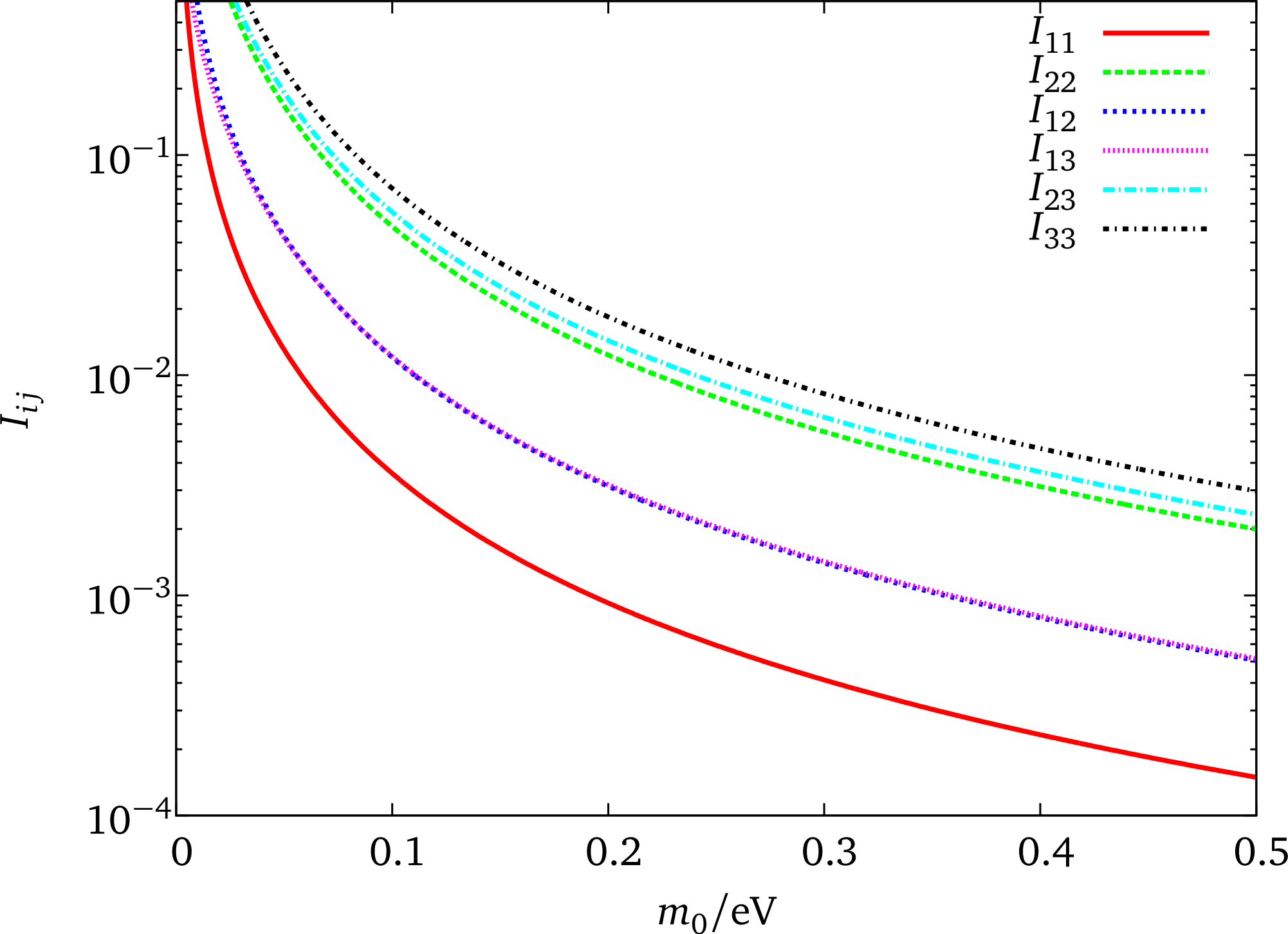
I_{11}
I_{22}
I_{12}
I_{13}
I_{23}
I_{33}
10^{-1}
10^{-2}
10^{-3}
10^{-4}
I_{ij}
0
0.1
0.2
0.3
0.4
0.5
m_0/eV